



imha

independent
mental health
advocacy

Know your rights.
Have your say.
It's your
mental health.

Are you on a compulsory treatment order?

If you're receiving compulsory treatment, it can be a lonely and distressing experience.

It might feel like no-one is listening to you.



Our independent advocates can:

- **listen** to what you want and talk to you about your options
- **give** you information and support to act on your rights
- **work** with you so you can have your say
- **refer** you to other services if you need.

Our service is independent, free and confidential.

We will organise an interpreter for you.

T 1300 947 820 | 9.30am to 4.30pm, Monday to Friday
E contact@imha.vic.gov.au | www.imha.vic.gov.au

Call 1800 959 353 to hear a free recording of your rights



imha.vic.gov.au



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